



# Figuring out what YOU want to do



Selecting a major or occupation is one of the most significant decisions you will make as a student. As you engage in this process, you may feel overwhelmed by the many possibilities or feel stuck because nothing seem to fit. However, the career counselors at The Career Center are here to offer assistance. We encourage you to talk with us throughout the process!

## WHAT'S INVOLVED IN A CAREER CHOICE?

Making good decisions requires good information:

- About yourself
- About your options
- About how to put it all together

## EVALUATE WHAT YOU KNOW ABOUT YOURSELF

### INTERESTS

EPICS Interest Explorer: [www.epics.illinois.edu/index.aspx](http://www.epics.illinois.edu/index.aspx)

### SKILLS

Motivate Skills Assessment:

[www.stewartcoopercoon.com/jobsearch/freejobsearchtests.phtml](http://www.stewartcoopercoon.com/jobsearch/freejobsearchtests.phtml)

EPICS Competency Builder:

[www.epics.illinois.edu/index.aspx](http://www.epics.illinois.edu/index.aspx)

### VALUES

Career Values Assessment:

[www.stewartcoopercoon.com/jobsearch/career-values/](http://www.stewartcoopercoon.com/jobsearch/career-values/)

CIS Values Work Importance Locator: [www.ilcis.intocareers.org](http://www.ilcis.intocareers.org)





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## EXPLORE YOUR OPTIONS

### What can I do with a major in...?

[www.careercenter.illinois.edu/findingpath/whatmajor](http://www.careercenter.illinois.edu/findingpath/whatmajor)

### Discovering a Major at Illinois

[www.dgs.illinois.edu/exploration/discovermajor.html](http://www.dgs.illinois.edu/exploration/discovermajor.html)

### Workshops

Examples: *Finding a Major that Fits* & *Career Paths: Making the Next Step*

[www.careercenter.illinois.edu/services/workshops](http://www.careercenter.illinois.edu/services/workshops)

## EVALUATE YOUR OPTIONS & ACT ON A CHOICE

### Volunteer

Office of Volunteer Programs: [www.union.illinois.edu/ovp/](http://www.union.illinois.edu/ovp/)

Community Volunteer Opportunities: [www.cuvolunteer.org/](http://www.cuvolunteer.org/)

### Campus Involvement

Registered Student Organization (RSO):

[www.union.illinois.edu/involvement/rso/a-z\\_list.aspx](http://www.union.illinois.edu/involvement/rso/a-z_list.aspx)

Campus Jobs (Virtual Job Board):

[www.secure.admin.illinois.edu/osfa.vjb/](http://www.secure.admin.illinois.edu/osfa.vjb/)

### Information Interview and Job Shadow

[www.careercenter.illinois.edu/interview/informational](http://www.careercenter.illinois.edu/interview/informational)

### Summer Job/Internship Experience

I-LINK: [www.careercenter.illinois.edu/jobs/ilink](http://www.careercenter.illinois.edu/jobs/ilink)

### Mock Interview

[www.careercenter.illinois.edu/interview/mockinterviews](http://www.careercenter.illinois.edu/interview/mockinterviews)

