



## Pre-Requisite Information

*Please note that it is the responsibility of the student to research individual medical school admission requirements. There are various ways medical schools view pre-requisite coursework: specific courses, credit hours in disciplines or competency based. Your academic advisor can discuss courses required for your major.*

<b>Biological Sciences</b>	<b>Courses</b>	<b>Required</b>	<b>Strongly Recommended</b>
General Biology (2 sem)	MCB 150 & MCB 151 IB 150 & IB 151	✓	
Anatomy & Physiology	MCB 244 & MCB 246 or IB 303 & IB 202		✓
Genetics	MCB 250 or IB 204		✓
<b>Physical Sciences</b>	<b>Courses</b>	<b>Required</b>	<b>Strongly Recommended</b>
General Chemistry (2 sem)	CHEM 102 & CHEM 103 CHEM 104 & CHEM 105	✓	
Organic Chemistry I Organic Chemistry II	CHEM 232 & CHEM 233 CHEM 332	✓	✓
Biochemistry (1 sem)	MCB 354 or MCB 450	✓	
General Physics (2 sem)	PHYS 101 & PHYS 102	✓	
<b>Behavioral Sciences &amp; Communication</b>	<b>Courses</b>	<b>Required</b>	<b>Strongly Recommended</b>
Psychology	PSYC 100		✓
Sociology	SOC 100		✓
Communication (2 sem)	Composition 1 Advanced Composition	✓	



## EXPERIENCES FOR MEDICAL SCHOOL

*Medical schools look for a variety of experiences. This is not an exhaustive list of the opportunities. Students can pursue many things to enhance their future application. It is important to have quality experiences over quantity!*

### Clinical Experience

- Healthcare Work Certification: CNA, EMT, CMA
- Hospital/Clinic Volunteering
- Medical Scribe

### Community Service

- Social Justice
- Get out in your campus community

### Leadership

- Training & Development
- Executive Board Position

### Research

- Undergraduate Research
- Summer Undergraduate Research Fellowship
- Research during gap year



# YOUR TIMELINE

*This is a suggested timeline only. Every student has their own path to medical school. If choosing a gap year, it allows students to enhance their academics and professional/personal experiences.*

## Fall

MCB 150/MCB 151  
CHEM 102/103

Attend Quad Day, Pre-Health Kick-Off  
Find RSOs to join (don't join too many!)

## Spring

IB 150/ IB 151  
CHEM 104/105

Volunteering  
Look into research opps  
Summer planning

## Fall

CHEM 232  
MCB 250 or IB 204

Continue activities and/or find new ones

## Spring

CHEM 233  
MCB 354 or 450

Summer planning-internships, healthcare certifications  
Study Abroad

## Fall

PHYS 101  
MCB 244 or IB 303  
PSYC 100

MCAT Prep-if not planning gap year  
Leadership experience

## Spring

PHYS 102  
MCB 246 or IB 202  
SOC 100

MCAT Prep or Take MCAT  
Plan for application cycle-if not planning gap year

## Fall

CHEM 332 (if needed)

MCAT Prep (if haven't applied)  
Med School Interviews

## Spring

Any additional coursework

Take MCAT (if applying upcoming cycle)  
Med School Interviews/Decision on Offers  
Consider reapplying



# YOUR TIMELINE

*Print this document to fill in your coursework and experiences.*

Fall

Spring

Fall

Spring

Fall

Spring

Fall

Spring

# TIMELINE OF APPLYING

## ARE YOU READY?

### First step...

Determine if you are ready to apply based on your academics (GPA, completed pre-reqs), test score, experiences and letters of rec. Do you feel like you are competitive for the programs you want to apply to?



## APPLICATION OPENS

### Know your dates...

The applications to medical school open the first few days of May every year. MD does not allow you to submit your application until the end of May. DO allows submission to begin immediately.



## WHAT DO YOU NEED TO APPLY?

### Plan ahead...

It is important to know that you typically do not need letters of recommendation or your test scores to submit your application. The basic parts are: biographical info, coursework, personal statement, work/activities, who your letter writers are and admission test date.



## VERIFICATION

### Start the process...

The application services will have your primary application go through a process called verification. This is where the applications "verify" what you have entered in for coursework and that it matches your transcripts. They will also calculate the various GPAs medical schools use to evaluate applicants. This process can take 2 days or up to 6 weeks. Apply early!



# TIMELINE OF APPLYING

## SECONDARY APPLICATIONS

*Check your email...*

Once your application is verified and the medical schools have the ability to view applicants, they will either pre-screen applications or automatically send secondary applications. It is recommended to return these applications within 2-3 weeks of receiving. Many applicants will pre-write their secondary essays.



## WAITING GAME

*No news, is good news...*

One of the most anxious times for pre-health applicants is waiting to hear back from programs on interviews. Depending how long you have waited, you can submit an update with significant information. Otherwise, know that if you haven't been denied, then you still have an opportunity!



## INTERVIEWS

*Again...check your email!*

Being invited for an interview means that you have met what they are looking for on paper. This is your opportunity to talk to individuals at the programs about why you are passionate about the field and that specific school. Do your research! Come prepared with your own questions! And don't forget to practice with a mock interview!



## ADMISSION OFFERS

*Be ready*

The timeline of admission offers varies between MD and DO. MD programs cannot give an admission offer until the beginning of October. DO schools might offer within a couple of weeks after an interview. Programs usually send out decisions in batches. It is possible to receive multiple offers, but also be denied or waitlisted.

yes



# TIMELINE OF APPLYING

## DECISION TIME

### *Understand your options*

If you have received an admission offer, be mindful of due dates for deposits to hold your seat. Plus, applicants need to be aware of decision deadlines. Read carefully any information programs have sent you! MD schools use the Choose Your Medical School tool.

If you did not receive any offers, make sure you think about a plan B and what you need to do to reapply.



## START SCHOOL

### *Woohoo!!*

Congratulations! You have accepted an offer to a medical school and are ready to start your journey to become a physician!

## HOW DO I GET HELP?

### *The Career Center*

Throughout the application process, the Pre-Health Advisors are available to assist applicants...alumni too! We can discuss competitiveness, review personal statements, work/activity sections, secondary essays, school list, conduct mock interviews and walk you through the decision process. Don't hesitate to contact us, if you need help!



# RESOURCES



[AAMC Students-Residents](#)



[AAMC Core Competencies](#)



[Medical School Admission Requirements \(MSAR\)](#)



[AMCAS \(MD Application\)](#)



[AACOM: Choose DO](#)



[AACOMAS \(DO Application\)](#)



[Health Profession Advising](#)



[Personal Statement Reviews](#)



[Mock Interviews](#)